

RESOURCE GUIDE

Find support to help yourself,
your friends & community



PREVENT

Help educate & prevent
substance abuse

RISE: initiative by Cincinnati Muslims to help develop addiction free communities through awareness, prevention & guidance to resource

ICGC Mental Health Services: Uplifting families to overcome mental health challenges

National Institute on Drug Abuse (NIDA): federal agency that supports prevention, and treatment of drug abuse and addiction. Online resources available

National Council on Alcoholism and Drug Dependence (NCADD) - nonprofit organization advocating for prevention, treatment, and recovery from alcoholism and drug addiction.

Ohio Department of Mental Health and Addiction Services state agency overseeing the public system of mental health and addiction services in Ohio. Provides a variety of programs and initiatives to prevent and treat substance use disorders.

Ohio Association of County Behavioral Health Authorities (OACBHA): state agency for mental health and addiction services. Promotes the quality and accessibility of behavioral health services in Ohio.



SUPPORT

Helplines & Support
Groups

American Muslim Health Professionals (AMHP): network of Muslim health professionals who work to improve the health and wellness of the Muslim community. Helpline (1-855-95-AMHP) for confidential and culturally competent counseling and referrals.

Substance Abuse and Mental Health Services Administration (SAMHSA) - federal agency to reduce the impact of substance abuse & mental illness. Find local services and programs. Helpline (1-800-662-HELP) free info and confidential treatment referral.

NCADD Helpline: Affiliate network across US providing local services and support to individuals and families affected by substance use disorders. toll-free helpline (1-800-NCA-CALL)

Local County Boards: Information resources for individuals, families and providers. Crisis hotlines offer 24/7 assistance and referrals.

- **Hamilton County:** Crisis hotline (513-281-CARE)
- **Butler County:** Crisis hotline (1-844-427-4747)
- **Warren and Clinton Counties** Crisis hotline (1-877-695-6333)

Malik Consulting: Individual & family counseling by a scholar & certified professional counselor



RECOVER

Treatment, Recovery
& Rehab Centers

Most facilities in the "support" section also provide treatment, guidance to next steps and referrals

The Khalil Center:
(<https://khalilcenter.com>)

Ohio Recovery Housing Association:
(<https://www.ohiorecoveryhousing.org/>)

Central Clinic Behavioral Health:
(<https://www.centralclinic.org/>)

Sukoon Psychotherapy:
(<https://www.sukoonpsychotherapy.com/>)

Talbert House:
(<https://www.talberthouse.org/>)

Sojourner Recovery Services:
(<https://www.sojournerrecovery.org/>)

Community Behavioral Health:
(<https://www.community-first.org>)

Cincinnati Children's
(<https://www.cincinnatichildrens.org/>)

We are compiling a resource list for our community.
If you know of other good resources, please share with us.